

HOW TO MAKE NO WIRE GUMPASTE STEPHANOTIS



In this tutorial I will show you how to make gum paste stephanotis without using floral wire. I use these for filler flowers and therefore don't need them to be on wire.

ITEMS YOU WILL NEED:

- White gum paste
- Calyx Cutter
- Non-stick work board
- Rolling pin
- Thin and Thick modelling stick
- Bakels 'Sprink' – I prefer to use this to stop sticking rather than cornflour
- Knife Tool
- Cling Wrap or plastic bag
- Soft paint brush
- Edible glue
- Pearl stamens (optional)
- Scissors



STEP 1

Spray your board with a small amount of Sprink to stop your fondant sticking, knead gum paste until soft and pliable and roll out a small ball of gum paste (approximately 1.3cm in diameter).

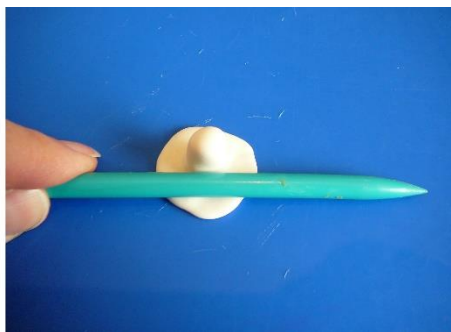
Roll lower portion between fingers to form a gourd shape with one wide end.



STEP 2

Flatten the wide end with your fingers.

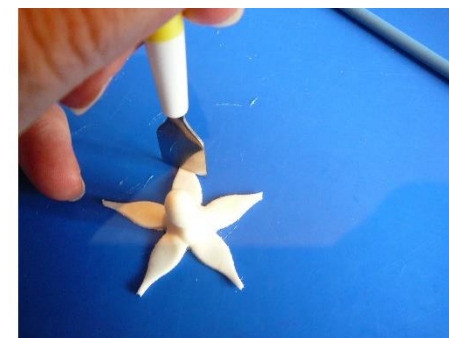
Using the thick modelling stick like a rolling pin, roll out the edges, working from the centre out to the edges.



STEP 3

Centre the calyx cutter over the shape and cut out the flower.

Using the knife tool shorten the points of the petals by cutting off the narrow point while still retaining a point.



STEP 4

Using your fingers gently shape the petals to the shape you like. Then using the thin modelling stick, insert it into the centre of the flower about 3mm.

Rotate the stick to open the centre, then position each petal over your finger and roll the stick back and forth. Ensure you keep the pointed end of the stick in the centre of the flower which ensures you thin the petal all the way down the throat of the flower.



STEP 5

You could chose to dry your flower now and not insert a stamen, however I like the finished look and have chosen to use pearlised stamens in this example. You could also use edible pearls or cachous if you prefer.

If you are going to use stamens cut it about 1 cm long, dip the cut end in edible glue and insert into the throat of the flower.



STEP 6

Dry your flowers upside down for a couple of days. You can then store in an airtight container until you are ready to use them.

